

MISTAKEN GOAL CHART

If you feel...	And if your child has this reaction to a reprimand..	And your child's actions seem to be saying.	Then, this goal is Most likely to be	Corrective Measure	Teach your child to
<ul style="list-style-type: none"> - Annoyed - You want to remind or coax - Delighted with your "good" child 	<ul style="list-style-type: none"> - Temporarily stops disturbing action when given attention. 	<ul style="list-style-type: none"> - "I only count when I am being noticed or being served." 	Attention	Do all of the following as soon as the child begins to annoy: <ul style="list-style-type: none"> - No eye contact - No words - Nonverbally make the child feel loved. 	<ul style="list-style-type: none"> - Go and ask for attention appropriately.
<ul style="list-style-type: none"> - Provoked - Challenged - The need to prove your power - "I'll make you do it!" - You can't get away with this 	<ul style="list-style-type: none"> - Intensifies his actions - Wants to win - Wants to be the boss 	<ul style="list-style-type: none"> - "I only count when I am dominating or you do what I want or when I prove that you can't boss me." 	Power	<ul style="list-style-type: none"> - Give choices not notice - Don't play tug-o-war - Use friendly eye contact - Sidestep power struggles - Give the child useful ways to feel powerful 	<ul style="list-style-type: none"> - win-win negotiate - Be a leader
<ul style="list-style-type: none"> - Hurt - Angry - How could you do this to me? 	<ul style="list-style-type: none"> - Wants to get even - Makes self unlikable 	<ul style="list-style-type: none"> - "I want to hurt others as I feel hurt." 	Revenge	<ul style="list-style-type: none"> - Do not hurt back - Re-establish the relationship - Make amends - Use logical consequences that are not punishing. 	<ul style="list-style-type: none"> - Assert his feelings of hurt in appropriate ways - Takes responsibility for the results of his behavior
<ul style="list-style-type: none"> - Despair - What can I do? - Annoyed and/or pity 	<ul style="list-style-type: none"> - Feels there is no use to try - Passive - Withdrawn 	<ul style="list-style-type: none"> - "I can't do anything right so I won't do anything at all." - "I'm no good." 	AVOIDANCE	<ul style="list-style-type: none"> - Don't coax or show pity - Arrange small successes - Avoid doing for the child - Find situations for child to feel valuable - Redirect their self talk 	<ul style="list-style-type: none"> - Accomplish and overcome - Feel capable and worthwhile